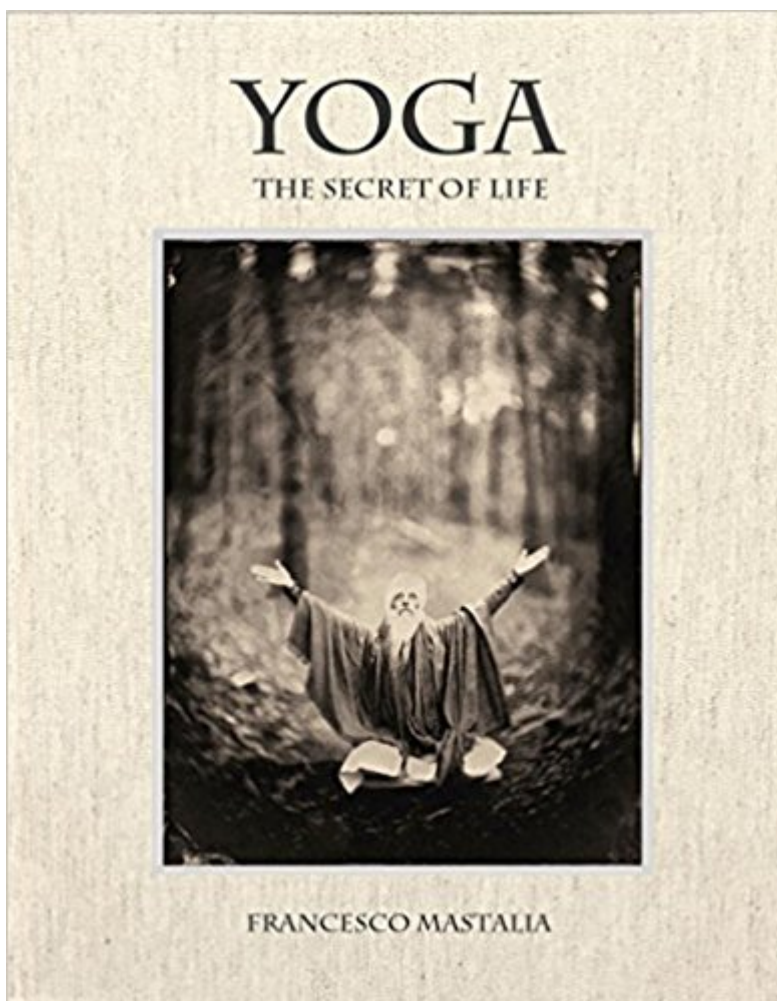


The book was found

# Yoga: The Secret Of Life



## Synopsis

In silence, ask the questions. Who am I? Why am I here? Yoga: The Secret of Life is a photo-documentary about the spiritual and physical journey of yoga. Through photographs and text this fine art book explores the personal experiences of 108 of today's leading practitioners and how this ancient practice has transformed their mind, body, and spirit. The photographs are taken on glass plates using the wet collodion process, a photographic technique dating back to the 1850s. With the use of a large format wooden camera and antique brass lens, glass plates are hand coated to produce one of a kind ambrotype images. The collodion process transcends us to another place, another time. When light and chemistry collide we enter a mysterious world where art and science meet and the alchemy reveals itself. The photographs take on another dimension with the spoken words that accompany them. The text provides an intimate and enlightening account of each person's personal journey. Beyond the physical postures Yoga: The Secret of Life delves deep into the purpose of our existence and how to live a happy and fulfilled life. It explores understanding who we truly are, why we are here, and what our ultimate purpose is on this planet. Included are world renowned yogis Radhanath Swami, Sharon Gannon, David Life, Gurmukh Kaur Khasla, Sri Dharma Mittra, Krishna Das, Tao-Porchon Lynch, Shiva Rea, Rod Stryker, Seane Corn and Rodney Yee.

## Book Information

Hardcover: 224 pages

Publisher: powerHouse Books (October 17, 2017)

Language: English

ISBN-10: 1576878562

ISBN-13: 978-1576878569

Shipping Weight: 1.2 pounds (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #819,056 in Books (See Top 100 in Books) #197 in Books > Arts &

Photography > Photography & Video > Lifestyle & Events > Lifestyle #945 in Books > Arts &

Photography > Photography & Video > Portraits #1891 in Books > Health, Fitness & Dieting >

Exercise & Fitness > Yoga

## Customer Reviews

Francesco Mastalia has traveled the world photographing tribal, religious, spiritual, and indigenous people. His first book Dreads, published by Workman Artisan, is a photo

documentary on the history of dreadlocks. The book is now in its eighth printing, and includes an introduction by Pulitzer Prize-winning author Alice Walker. His recent book *Â Â Organic: Farmers & Chefs of the Hudson Valley* *Â Â* published by powerHouse Books is a photo documentary of the Hudson Valley's organic sustainable food movement. The portraits of the farmers and chefs were photographed using the wet plate collodion process, a photographic technique developed in the mid-19th century. Works from *Â Â Organic* *Â Â* are included in the Permanent Collection of the Library of Congress.

[Download to continue reading...](#)

Yoga: 100 Key Yoga Poses and Postures Picture Book for Beginners and Advanced Yoga Practitioners: The Ultimate Guide For Total Mind and Body Fitness (Yoga ... Books) (Meditation and Yoga by Sam Siv 3) Yoga: The Yoga Beginner's Bible: Top 63 Illustrated Poses for Weight Loss, Stress Relief and Inner Peace (yoga for beginners, yoga books, meditation, mindfulness, ... self help, fitness books Book 1) Yoga: 21 Essential Yoga Poses to Strengthen Your Body and Calm Your Mind (FREE Meditation Bonus!): (Meditation, Yoga Poses, Relaxation, Stress Relief, Yoga for beginners) How to Sneak More Yoga Into Your Life: A Doable Yoga Plan for Busy People (Yoga for Busy People) Yoga Mama, Yoga Baby: Ayurveda and Yoga for a Healthy Pregnancy and Birth Yoga con cuentos: Como enseñar yoga a los niños mediante el uso de cuentos (Cuentos Para Aprender Yoga) (Spanish Edition) Ultimate Hip Opening Yoga Guide: Exercises for Tight Hips & Hip Pain: 4-Week Yoga Guide w/ Videos (Beginner Yoga Guides Book 1) Yoga: A Man's Guide: The 30 Most Powerful Yoga Poses to Sharpen Your Mind and Strengthen Your Body (Just 10 Minutes a Day!, Yoga Mastery Series) Yoga: The Top 100 Best Yoga Poses: Relieve Stress, Increase Flexibility, and Gain Strength (Yoga Postures Poses Exercises Techniques and Guide For Healing Stretching Strengthening and Stress Relief) Easy YOGA GUIDE for beginners: Simple 46 Hatha Yoga Poses for Body and Mind (Yoga for Beginners Book 1) Shadow Yoga, Chaya Yoga: The Principles of Hatha Yoga Glimpses of Raja Yoga: An Introduction to Patanjali's Yoga Sutras (Yoga Wisdom Classics) Yoga Sastra: The Yoga Sutras of Patanjali Examined; With a Notice of Swami Vivekananda's Yoga Philosophy (Classic Reprint) The Secret Power of Yoga: A Woman's Guide to the Heart and Spirit of the Yoga Sutras Yoga Journal Presents Restorative Yoga for Life: A Relaxing Way to De-stress, Re-energize, and Find Balance Yoga Diet: How to Energize Your Yoga Practice and Nourish Your Body for Optimal Health and Happiness Yoga For Weight Loss: Yoga Weight Loss Secrets to Melt Fat, Trim Inches and Get a Youthful Sexy Body *Â Â* - *Â Â* •FAST! Light on Yoga: Yoga Dipika Yoga, Meditation and Mindfulness Ultimate Guide: 3 Books In 1 Boxed Set - Perfect for Beginners with Yoga Poses Yoga for Children: 200+ Yoga Poses, Breathing Exercises, and

